



START YOUR OWN WORM FARM

Worms turn food waste into fantastic fertiliser and plant food to use in your garden. You can make your own worm farm at home.

You will need:

- Two dark-coloured bins that stack on top of one another, with a tight fitting lid
- Sawdust or shredded paper or cardboard
- Soil
- Compost worms (You can buy these online)
- A piece of sacking the same diameter as your bin
- A drill with a six mm drill bit
- Food scraps
- An adult to help you

How to set up your worm farm:

- Drill a few air holes in the sides, near the top of one of the bins. Drill lots of drainage holes in the base of the same bin.
- Place the bins on top of one another with the holey bin on the top. The bottom bin will act as a collection tray for liquid 'worm tea'.
- Half fill the top bin with damp sawdust and shredded paper or cardboard. Mix in a little soil and add the worms.
- Place a piece of sacking that has been cut to size on top of the worms to keep everything moist and dark.
- Set the worm farm up in a cool, shady location.
- After a few days, add a handful of food scraps to the surface area under the sacking. Avoid acidic food scraps, as well as meat and bread. Cover the food with five cm of sawdust, shredded paper or cardboard. Wait until the food scraps are eaten before adding more. It will take a little while for the worm farm to really get going.

An extra tip: Worms are happiest between 10-30°C. You may need to bring them into a shed over winter. Your worm farm should always feel just damp. Keep it out of the rain so the worms don't drown.

After about six months you'll have worm castings and tea that you can use in your backyard!